

Confirmation Retreat

What to Bring?(What not to bring)

1. **HOUSE RULES**
 - a. Follow instructions of the adult chaperones
 - b. Food is only permitted in the kitchen/dining/living room area
 - c. No boys in the girls bedrooms, No boys in the girls bedrooms.
 - d. Leave all areas clean.
 - e. Respect each other at all times.
 - f. Respect speakers by not engaging in side conversations during sessions
 - g. Follow the time schedule.

2. **THINGS TO BRING – LABEL ALL YOUR BELONGINGS**
 - a. sleeping bag
 - b. pillow
 - c. towel
 - d. toiletries (please no showers, we're gone less than 24 hours, shower before going on retreat and after returning home, the plumbing cannot take 21 showers!)
 - e. warm clothing/jacket (we'll be going down onto the beach)
 - f. good walking shoes
 - g. water bottle

3. **OPTIONAL THINGS TO BRING**
 - a. camera
 - b. umbrella
 - c. pen and paper/journal
 - d. bible
 - e. cell phone (We will keep these in a common basket during the retreat, to avoid distraction)

4. **THINGS NOT TO BRING!****
 - a. iPODs, CD players
 - b. hand held video games
 - c. drugs/alcohol/cigarettes
 - d. knives or weapons of any kind

****These will be confiscated*****